



# ASTROLOGY-ALIGNED TIMELINE

## Creation in Motion: The Eclipse Meditation Journey

This journey moves in rhythm with the Moons and eclipses of late 2025 into early 2026. Each step builds five minutes at a time — a path of listening carried by the sky's unfolding.

### ● Step 1 — Pisces Lunar Eclipse Full Moon

September 7, 2025 — 5 minutes

A portal of release and surrender. Pisces dissolves boundaries, softens edges, and reminds us of unity. Here you plant the seed — a first five minutes of listening, held in fertile ground.

### ● Step 2 — Virgo Solar Eclipse New Moon

September 21, 2025 — 10 minutes

A fresh start with structure. Virgo roots listening into daily practice, offering clarity and rhythm.

### ● Step 3 — Aries Full Moon

October 6, 2025 — 15 minutes

Ignite courage. Aries brings fire, vitality, and the spark to act on inner guidance.

### ● Step 4 — Libra New Moon

October 21, 2025 — 20 minutes

Balance and harmony. Libra attunes presence through relationships, reflection, and shared energy.

### ● Step 5 — Taurus Full Moon

November 5, 2025 — 25 minutes

Ground into nourishment. Taurus anchors listening in the body, senses, and earth.

### ● Step 6 — Scorpio New Moon

November 20, 2025 — 30 minutes

Transform within. Scorpio invites depth, shadow healing, and renewal through stillness.

### ● Step 7 — Gemini Full Moon

December 4, 2025 — 35 minutes

Curiosity and flow. Gemini opens awareness to many perspectives, lightness, and play.

### ● Step 8 — Sagittarius New Moon

December 19, 2025 — 40 minutes

Expand vision. Sagittarius looks to the horizon — possibility, truth, and wisdom unfolding.

### ● Step 9 — Cancer Full Moon

January 3, 2026 — 45 minutes

Belonging and care. Cancer offers home within — nurturing presence, safety, and tenderness.

### ● Step 10 — Capricorn New Moon

January 18, 2026 — 50 minutes

Connect to the collective. Aquarius opens listening to the field — innovation, community, future.

### ● Step 11 — Leo Full Moon

February 1, 2026 — 55 minutes

Shine radiance. Leo celebrates joy, heart-fire, and creative presence.

### ● Step 12 — Aquarius Solar Eclipse New Moon

February 17, 2026 — 60 minutes

Unify presence. Virgo refines and integrates, carrying wisdom into form.

### ● Step 13 — Virgo Lunar Eclipse Full Moon (Closing)

March 3, 2026 — Celebration & Integration

A final portal. Reflect, embody, and carry your listening practice forward — however it now lives in you.

**Note:** Moon phases and eclipses may shift by date depending on your time zone. For exact times, check a trusted astrology resource such as [timeanddate.com](https://timeanddate.com) or [astro.com](https://astro.com).